

## ***SEMINARS AND EDUCATION***

N.P.Rygaard is an experienced teacher, trainer and supervisor, working in fluent English. Seminars and education are related to practical Attachment Disorder treatment issues. The seminars are, in spite of their serious content, inspiring and a lot of fun!

Work can be arranged according to the needs of the client. Some examples are:

### **Two day seminar for adoptive parents.**

Understanding and practice with the adopted child. The basic understanding of attachment behaviour in children. How does deprivation before adoption affect attachment in the family: the relation to the mother, the father and siblings? What is “Disorganized Attachment Behaviour”, and how should the environment respond to the child?  
What is secure base behaviour in the adoptive parent, and how do you practice it?  
How do you cooperate with teachers, day care and others who are not familiar with such problems?

### **Evaluation of adoption applicant family and foster family competence based on attachment patterns.**

The fundamental characteristics of Attachment Patterns and family dynamics in attachment behaviour. Assessment and evaluation. Feedback to the clients. The outcome of the seminar is to give the participant responsible for placement a structured process in evaluating parental attachment competence. Also, procedures for giving feedback in the family’s post adoption/ post placement and the care for the child are given.

### **Coping with Attachment Disorder children in the classroom.**

AD children have emotional problems resulting in a specific set of cognition problems. The seminar provides a deeper understanding of how to monitor the teacher and child/ youth relation, and how to help the child overcome cognitive problems.

### **The supervisor and AD problems.**

Supervisors working in families and professional settings with AD clients experience a high level of frustration and negative feelings directed towards the supervisor as hostility, disappointment and rejection. The seminar works with coping methods for intervention and the re-opening of mutual communication, contact and kindness in caretakers.